


SBRC Gym Schedule

MARCH

****SBRC SHUTDOWN is March 21st-29th****

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
6:00am	Open Gym 6:00-8:00	Open Gym	Open Gym 6:00-8:00	Open Gym	Open Gym 6:00-9:00				
6:30am		Bootcamp 6:30-7:30		Bootcamp 6:30-7:30					
7:00am									
7:30am									
8:00am		Drop-in MRT 8:00-8:45		Drop-in MRT 8:00-8:45				Drop-in MRT 8:00-8:45	
8:30am						Open Gym	Drop-in Adult Basketball 8:00-11:00		
9:00am	Setup	Drop-in Total Body Fit 8:50-9:50	Open Gym 8:45-12:00	Drop-in Total Body Fit 8:50-9:50	Setup	Drop-in Total Body Fit 8:30-9:30			
9:30am	Gym Jam 9:30-11:30 (3/02 ONLY)								
10:00am		Open Gym 10:00-11:30			Gym Jam 9:30-11:30 (3/06 ONLY)	Drop-in Womens Volleyball 9:30-12:00			
10:30am				Open Gym 10:00-11:30					
11:00am									
11:30am	Cleanup	Drop-in Adult Basketball 11:30-1:30	Drop-in Adult Basketball 11:30-1:30	Cleanup			Open Gym 11:00-12:00		
12:00pm	Drop-in Sprts Conditioning 12:00-1:00		Drop-in Sprts Conditioning 12:00-1:00		Drop-in Sprts Conditioning 12:00-1:00	Open Gym 12:00-5:00	Youth Volleyball 12:00-3:00		
12:30pm									
1:00pm	Open Gym 1:00-6:00	Drop-in Pickleball 1:30-3:30	Open Gym 1:00-5:30	Drop-in Pickleball 1:30-3:30	Open Gym 1:00-5:45				
1:30pm									
2:00pm									
2:30pm									
3:00pm									
3:30pm									
4:00pm		Open Gym 3:30-6:00	Gym-nastics 3:30-5:15	Open Gym 3:30-4:45		Open Gym 3:00-5:00			
4:30pm	EXP Bball 4:00-5:00	Vball Rental 3:45-5:45			Vball Rental 3:45-5:45				
5:00pm									
5:30pm			Drop-in MRT 5:30-6:15	Sports Sampler 5:00-5:45					
6:00pm	Women's Basketball 6:15-8:30	B League Basketball 6:00-10:00	B League Basketball 6:30-10:00	Open Gym 5:45-9:00	Drop-in Badminton 5:45-8:00				
6:30pm									
7:00pm									
7:30pm									
8:00pm									
8:30pm	Open Gym 8:30-9:30								
9:00pm									
9:30pm									

GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME

For more information call 303-441-3448 or go to <http://www.boulderparks-rec.org>